

BECOME A LINK IN THE  
**CHAIN of SURVIVAL**



**2012**

**American Heart Association  
EMERGENCY MEDICAL COURSES**

Offered on the

**North Shore of Lake Tahoe**

*Basic First Aid*

*Adult-Child-Infant CPR*

*CPR plus AED (Automated External Defibrillator)*

*Bloodborne Pathogens (OSHA Recognized Course)*

*BLS for Healthcare Providers*

**Other Services Include:**

*AED... Purchase and Placement Info*

*On-Site Instruction*

**NEVADA: Crystal Bay - Incline Village**

**775.833.8125 - Option 2 .. [www.nltfpd.net](http://www.nltfpd.net)**

**CALIFORNIA: Kings Beach - Tahoe City**

**530.583.6911 ... [www.ntfire.net](http://www.ntfire.net)**

## **Tuesday EVENING CLASS** *students 13 years and older*

Incline Village: 775.833.8125 - Option 2 .. Jan 10, Mar 6, May 8, Sept 4, Nov 13

*Tahoe City: 530.583.6911 ... Feb 14, April 10, June 5, Aug 14, Oct 9, Dec 11*

### **CPR plus AED** 6 pm until 9:30 pm \$45

CPR is the critical survival link that buys time for the Patient. The earlier you give CPR to a person in cardiac or respiratory arrest, the greater their chance of survival. CPR keeps oxygenated blood flowing to the brain and heart until defibrillation or other advanced care can restore normal heart action. AED (**Automated External Defibrillator**) Rescuers can provide defibrillation within the first few minutes of out-of-hospital cardiac arrest. This dramatically increases the Patient's chance of survival.

### **BLS-Health Care Provider** 6 pm to 10:30 pm \$45

#### **NEW Certificate or REFRESHER ...**

This AHA course is designed to meet the needs of healthcare professionals from a wide variety of occupations who respond to cardiac and respiratory emergencies.

## **Saturday MULTI-CLASS** *students 13 years and older*

Incline Village: 775.833.8125 - Option 2 .. Feb 18, April 14, June 9, Aug 18, Oct 13, Dec 15

*Tahoe City: 530.583.6911 ... Jan 14, Mar 10, May 12, Sept 8, Nov 17*

### **DISCOUNT for Students attending First Aid and CPR/AED .. \$75**

### **FIRST AID** .. 8 am to 12:30pm \$45

This 4.5 hour course provides the student with the basic skills to respond to a sudden injury, cardiac or respiratory emergency. The course meets the OSHA requirement for workplace first aid training.

### **Lunch Hour** .. 12:30pm to 1:30pm...

### **CPR plus AED** .. 1:30 pm until 5 pm \$45

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### **BLS-Health Care Provider** .. 1:30 pm to 6 pm \$45

#### **NEW Certificate or REFRESHER ...**

This AHA course is designed to meet the needs of healthcare professionals from a wide variety of occupations who respond to cardiac and respiratory emergencies.

## **Bloodborne Pathogens Course** *(OSHA Recognized Course).*

This course teaches employees how to protect themselves and others from being exposed to blood or blood-containing materials and what to do if someone is exposed to bloodborne pathogens.

*("Pathogen" - an agent of disease: something that can cause disease, such as a bacterium or a virus)*

**Call for more Information ... (775) 833.8125 - Option.2**

**Any fees charged for these courses do not represent income to the American Heart Association**